

Defining Your Strategy

Being intentional about your goal setting will help attract what you want. Presenting on dates as a strong self-esteem, confidence and certainty - all things people are attracted to.

GOAL

Write a book

WHY

- 1. I have a message to put out into the world*
- 2. Being a published author is a dream of mine I want to make a reality*
- 3. Writing brings me joy - this is important to my happiness*

IDEAL TIME FRAME

1 year

ACTION STEP

Join a writing class

ACTION STEP

Get involved in a community of writers online or in person

ACTION STEP

Write 1,000 words per day - schedule this as part of a daily routine

ACTION STEP

Find daily inspiration tools

METHODS OF ACCOUNTABILITY

*Hire a coach/freelance editor/
publishing company*

EVALUATE. RE-EVALUATE. ADJUST.